RAINN

Speakers Bureau Newsletter By Sara Snyder, Speakers Bureau Manager • Jan 25, 2024

Smart Brevity® count: 4.5 mins...1201 words

Speakers Bureau

Highlights Thank You, December Speakers!

opportunities we have had in that state.

Speakers Bureau **RAINN** Speaking Opportunities A number in each state representing how many



Please <u>complete this form</u> to update your future communications and membership status preferences. **Speaking Story**

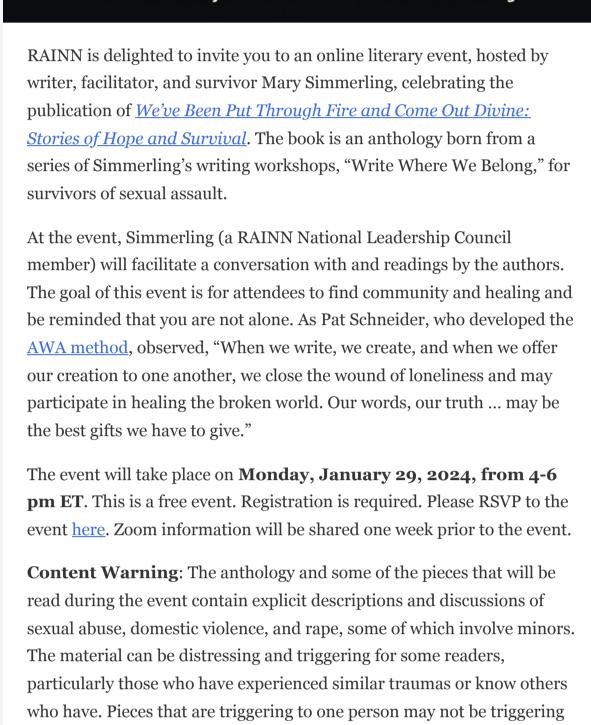
Highlights

Each month, we want to highlight members from the RAINN Speakers Bureau throughout the country who have participated in speaking opportunities. Would you like your story highlighted? Fill out this form!

Events & Workshops

Stories of Hope

Save the Date: January 29, 2024



to another. Please consider your personal comfort and mental health, and

Survivor Highlights

whether you feel you may be negatively affected by these themes before

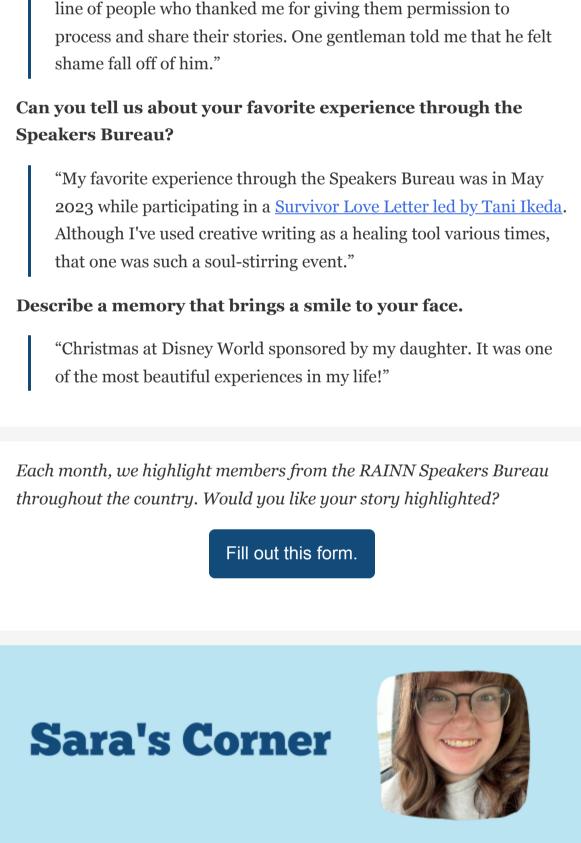
attending this event. If you need support during or after the event,

support specialist will be standing by on RAINN's National Sexual

Assault Hotline, available in both English and Spanish, 24/7.

Meet Speakers Bureau member,

Michelle Jackson (she/her).



of an issue wherein members are not able to edit their profile information. We are working with our IT Team to fix this issue. **RAINN News Newsletter**

SELF-CARI Vision Board

positive intentions. Read more

After surviving sexual assault, it may be difficult to imagine a positive

implementing helpful activities that can assist your growth, healing, and

A vision board is a method used to manifest your hopes and dreams for

the future, presenting as a physical board or a document/note on your

digital device where you collect images, words, and phrases that inspire

you. You can cut out pictures and phrases from magazines, print them

out, or digitally download them to create your collage, combining your

future. However, creating a vision board can be incredibly useful in

reframing negative thinking surrounding upcoming events and

reaching your aspirations.

current job openings:

Director of Marketing

Social Media Intern

Senior Web Manager

NSAH Hotline Services Manager

<u>Safe Helpline Staffer (Sunday through Thursday - 7-3pm EST)</u>

Communication **Preferences** As we continue to make enhancements to the Bureau, we want to update our communications preferences for all members. As a Speakers Bureau member, you receive the **Speakers Bureau** Newsletter (which provides highlights of the Bureau, member stories/projects, events, policy updates, RAINN job openings, and more) and email communications about **opportunities to speak** and **share** your story.

Mary Simmerling, Editor Contributions by the Writers of Write Where We Belong

Michelle has been a RAINN Speakers Bureau member since 2016 to

share her story and join with others on the road to a deeper recovery.

"The first time that I felt really heard, validated, and accepted was in

this was the first time I'd shared my story openly, I was trembling in

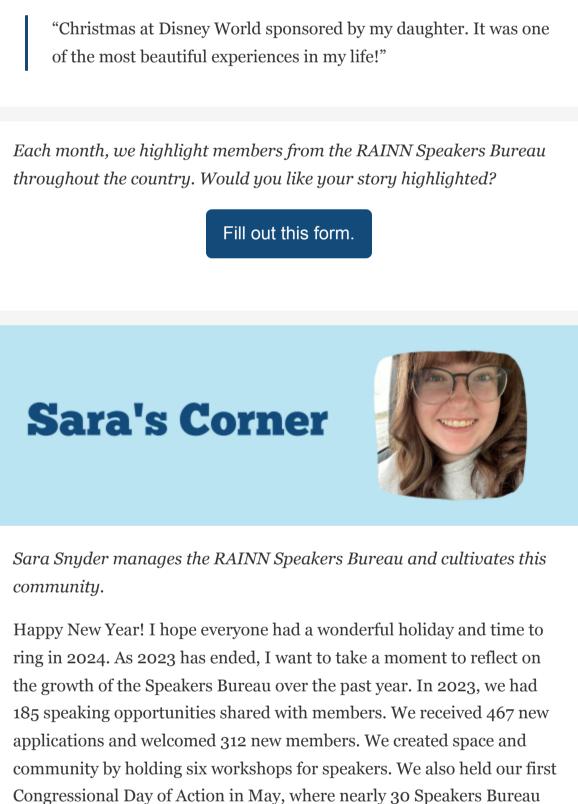
my shoes as I read the poem. While reading, I was filled with shame

and embarrassment but was met with love, acceptance, and a long

2011 when I shared my survivor story at an open mic event. Since

Can you tell us about the first time that you felt heard,

validated, or accepted by someone?



members came together to lobby on Capitol Hill for changes to protect

As always, if you have any questions, concerns, or feedback. You can

Policy Corner

We are in the process of planning a policy and legislative training. Take

Updates & Reminders

We are planning more training sessions for Speakers Bureau members. If

you are interested in leading a workshop or have an idea for a future

As of October 1, 2023, we have closed applications for new Speakers

Bureau members. Applications will re-open in the Spring of 2024.

workshop, please contact us at speakersbureau@rainn.org

Speakers Bureau Applications are Closed

this survey from our Policy team so we can tailor this training to

I am excited for what 2024 will bring to the Speakers Bureau!

Have you recently published a book, participated in a fundraiser, or completed some other project having to do with RAINN or your survivor story and would like to share it with members? Please email

children from sexual violence.

email at speakersbureau@rainn.org

speakersbureau@rainn.org

members' interests and passions.

Speakers Bureau Workshops

Portal Tech Issues

Get more RAINN news and resources in your inbox when you sign up for RAINN's eNewsletter. Subscribe today! **Self-Care**

If you are experiencing technical problems with our new Speakers Bureau

Portal, please send an email to <u>speakersbureau@rainn.org</u>. We are aware

RAINN Job Openings If you are looking to become more involved with RAINN, please view our

John and Lauren Marciano Legal Fellowship

Bilingual Hotline Services Program Coordinator

Feedback

Unsubscribe

Director Federal Affairs <u>DoD Safe Helpline Morning Shift Manager (Tuesday-Saturday 7-3pm</u> EST) NSAH Coaching Senior Shift Manager NSAH Bilingual Evening Coaching Shift Manager DOD Safe Helpline Shift Manager (3-11pm EST, Tuesday through

NSAH Morning Senior Shift Manager NSAH Evening Senior Shift Manager Bilingual (Spanish) Senior Consultant Saturday) Anonymously tell us what you thought of this edition. Your responses will help us create better content for you!

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