

1 in 6 women in America have
been sexually assaulted.

shame i hurt you because i love you. i promise i won't touch you again. why won't you listen to me?
you're a bad person. bad things happen to bad people like
victim
hurt she was asking for it. she always dressed slutty.
sadness you're such a drama queen. you're such a liar.
painful you're just a dumb girl. i can't believe how
i am so ashamed of myself. i can't believe this happened to me. i am so sorry.
why me? it was all your fault. you shouldn't have been there. what were you thinking?

RAINN RAPE, ABUSE & INCEST NATIONAL NETWORK

Join the fight at **rainn.org.**

National Sexual Assault Hotline

1.800.656.HOPE

free. confidential. 24/7.

You can help



talk

Volunteer with your local rape crisis center to staff the **National Sexual Assault Hotline** at 1.800.656.HOPE and provide FREE, CONFIDENTIAL phone support to victims 24/7.



chat

Provide crisis support to sexual assault victims from your own sofa using our new web-based hotline at **rainn.org**.



educate

Plan events to **raise awareness** of sexual assault. Distribute wallet cards and flyers, design T-shirts, make a petition, or chalk your campus with the **National Sexual Assault Hotline** number.

**For more info on working with RAINN
and your local rape crisis center,
visit rainn.org.**

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